# Summer retreat in the Ausseerland Salzkammergut

Pure pleasure for body and soul

Summer retreats have been around since ancient times. Taking time out during the heat, staying in an invigorating place like the Ausseerland, is a much sought-after vacation feeling: away from tropical nights and closed shutters, instead take a deep breath, enjoy, pamper body and soul! With a feel-good climate, varied nature and atmospheric entertainment, Ausseerland has everything you need for a summer getaway.

It is more than a quick vacation trip and draws its effect from the natural conditions, paired with the Ausseer lifestyle: summer retreat in Ausseerland stands for breathtaking scenery, mountains and lakes, for all the colors that can be found in them and make hearts beat faster. Summer freshness also stands for encounters, culture and culinary delights that provide fun and atmosphere in the evenings. At the top of the list, however, is idleness. Letting your mind wander for once and treating yourself to a "long while" in the truest sense of the word.

**Vacation mood with bathing & mountain fun**

Thanks to its location, Ausseerland is blessed with ideal feel-good conditions during the hot months: The sun warms during the day and temperatures rise to summer levels. Swimming and water sports in regional waters bring a vacation mood and cooling off. If you want to start the day right by the water, it's best to have breakfast in a boat on Lake Altaussee or Lake Grundlsee.

Under blue skies, the region is perfect for wonderful hikes. Nature is lush and green, the herb meadows are fragrant and the forests provide shade. Nothing grounds and relaxes the mind like a refreshing dip in the forest! The innkeepers at the rustic huts will take care of your physical well-being with their regional delicacies and refreshments. If you start your hike in the morning, you can enjoy the dewy atmosphere and end the day by soaking your feet in the cool streams and rivers - a real treat!

**Ausseerland, how it celebrates and feasts**

If you fancy a night out, it's worth taking a look at the Ausseerland events calendar. The start of the summer season is celebrated every year with Austria's largest flower festival, the Narcissus Festival, which will take place in Bad Aussee from June 1st to 4th this year. Other entertainment options such as cultural events, the annual Aussee Summer Nights and culinary events - such as "Salt in the Soup" (28 April-28 May) offer the opportunity to immerse yourself in the Aussee lifestyle. An inn tour in a vintage bus with 4 fine courses, or a "Plättenroas" with 5 wonderful courses, accompanied by local violin music, are perfect for enjoying.

In summer, many menus feature fresh char and hearty dishes such as game from the local forests and fine beef and dairy products from local farmers. Summer evenings are enjoyed by guests and locals together outside - with music and dancing, just like a cozy get-together.

**Cool nights: wake up like a new person**

It cools down at night so that you can drift off to a restful sleep after an eventful day. Instead of tropical nights, the air fills with oxygen and it becomes quiet in Ausseerland. Surrounded by natural materials such as wooden furniture and accessories made from the finest linen and loden - a traditional milled wool fabric - as used in many rooms, further promote relaxation. Refreshment during the day and rest at night. This is Ausseerland summer freshness. Your moment!

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